



Manual Reverse walking 938842

Rehabilitation



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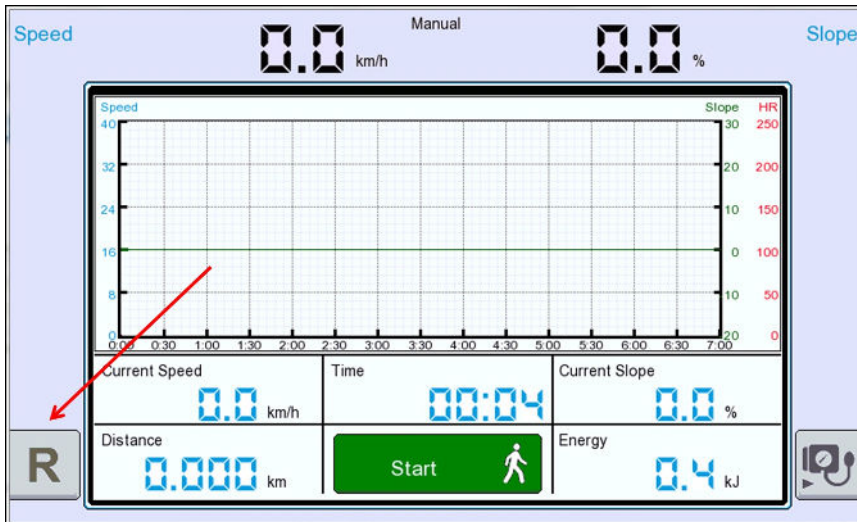


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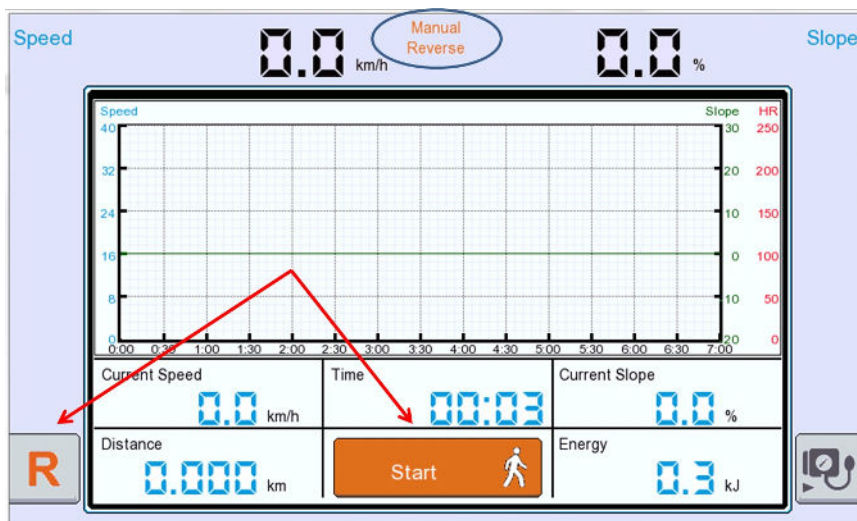
R Reverse symbol



1.1 - Prepare Reverse

The rotation of the running belt can be switched to opposite direction for reverse walking, downhill motion and downhill gait therapy:

The reverse rotation can be used in the Manual and Manual with Target mode. In order to start the reverse option in the Manual mode, press the grey Reverse symbol in the left corner of the display

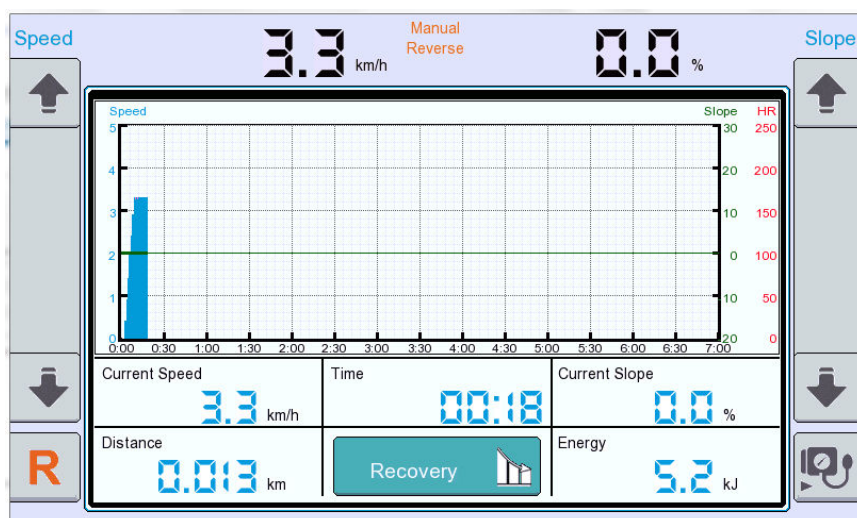


1.2 - Start Reverse walking

The grey Reverse symbol will turn orange like the [Start] button.

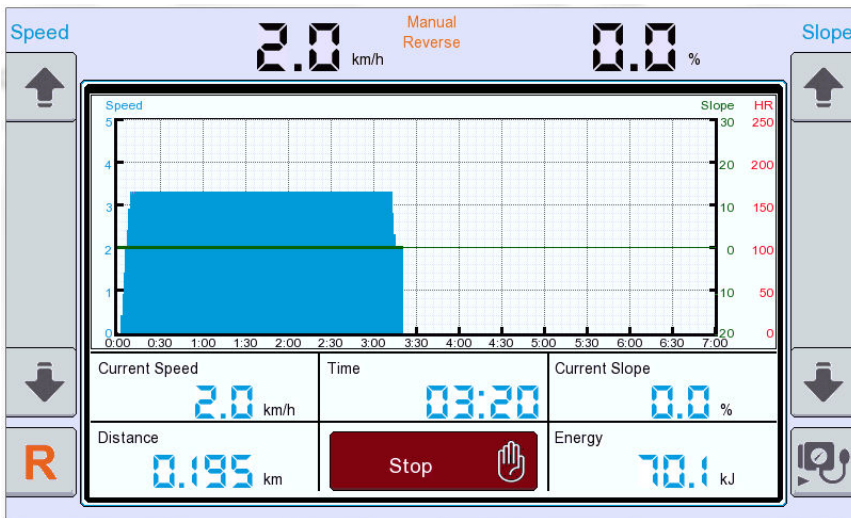
Make sure the Test Subject is prepared to walk backwards or is turned around to walk downhill.

Pressing the [Start] button will give you the possibility to adjust the Speed and Slope



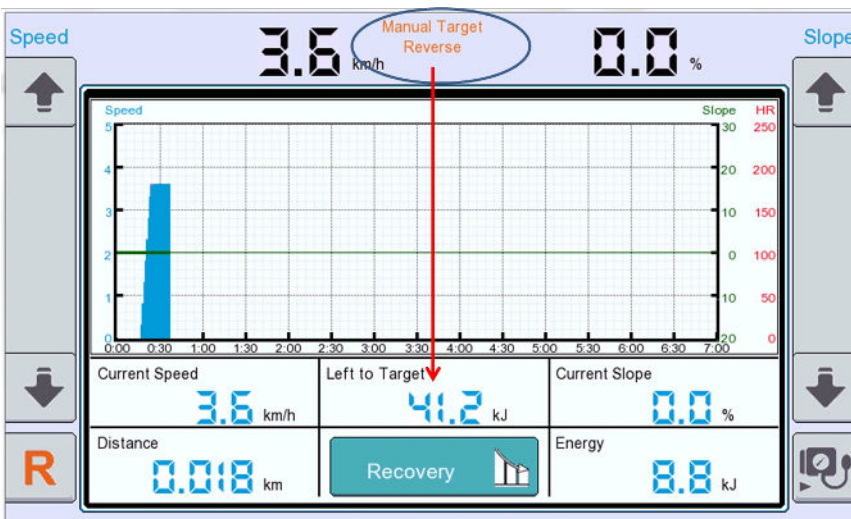
1.3 - Adjustment of Reverse walking

The speed and slope can be adjusted with the scroll bars on either side. The minimum reverse speed is equal to the minimum speed in normal direction. The maximum reverse speed is 5 km/h; All other procedures are the same as for the standard treadmill.



1.4 - Recovery after Reverse

Pressing the blue [Recovery] button will bring the reverse speed back to the preset recovery level in the reverse direction and the slope will return to zero percent. Pressing the red [Stop] button will stop the speed. The Session Summary will appear.



1.5 - Reverse with target

Beside the manual mode, the reverse mode can be used in the manual with target mode in the same way as in the forward direction. Select and define a Target and press the grey [R] symbol in the left corner.